Dr.Kaniappan Padmanaban
Tel.: +49 15224788499
Email: drkpadmanaban@gmail.com

HAIR MINERAL ANALYSIS FORM

Surname	Date of Birth		
First Name	Sex ☐ Male ☐ Female		
Street No.:	Height ____ cm	Weight____ kg	
Postal Code, Place	Natural Hair Color		
Tel	Profession		
Email			
Are you a vegetarian or vegan?	☐ Yes	☐ No	
Have you often tension?	☐ Yes	☐ No	
Bullying in workplace?	☐ Yes	☐ No	
Suffering from constipation often?	☐ Yes	☐ No	
Suffering from dysentry often?	☐ Yes	☐ No	
Suffering from the under function of thyroid glands?	☐ Yes	☐ No	
Suffering from the over function of thyroid glands?	☐ Yes	☐ No	
Suffering from chronic liver disease?	☐ Yes	☐ No	
Suffering from chronic Kidney disease?	☐ Yes	☐ No	
Suffering from chronic tiredness?	☐ Yes	☐ No	
Suffering from depression?	☐ Yes	☐ No	
Are you sensitive?	☐ Little	☐ More	☐ Lot
How many amalgam teeth fillings do you have?			
Do you eat fish reglarly? Sushi?	☐ Yes	☐ No	

Dr.Kaniappan Padmanaban
Tel.: +49 15224788499
Email: drkpadmanaban@gmail.com

Are you smoking? If yes, how many per day?	☐ Yes	☐ No	
Water pipes in the house	☐ Lead	☐ Copper	☐ Plastic
Cooking vessels etc.	☐ Copper	☐ Steel	☐ Aluminium

WOMEN:

Pregnancy	☐ Yes	☐ No
Breast Feeding	☐ Yes	☐ No
Menopause	☐ Yes	☐ No
Blood Group		

Information about your house / apartment: about every room

Furniture	☐ Carpet	☐ Wool	☐ Synthetic
Paints			
Building Material: Lot of woods used in the house?			
Electrical and electronical instruments in your house			
Garden: Do you use pesticides and fungicides?			

Environmental Pollution

What is near your house?	☐ Road with lot of traffic
	☐ Crossings
	☐ Industry
	☐ Petrol Bunk
	☐ High Power Cables
	☐ Andere

Dr.Kaniappan Padmanaban
Tel.: +49 15224788499
Email: drkpadmanaban@gmail.com

About your working place			
Food and Drinks	☐ Nothing	☐ Little	☐ Normal
	☐ More		
Fish & Seafood	☐ Beef	☐ Pork	
	☐ Chicken, Duck & Turkey		
Sausage and other meat products			
Milk and Dairy Products	☐ Milk	☐ Cheese	☐ Others
Organs	☐ Liver	☐ Brain	
	☐ Kidney and Heart		
Eggs			
Whole Grain Flour			
Wheat and Products			
Dishes	☐ Potato	☐ Noodles	☐ Rice
Vegetables			
Fruits			
Dried Fruits			
Beans and Pulses			
Nuts and Seeds			
Sweets			
Cakes			
Chocolates			
Ice Cream			
Water			
Cola and Soft Drinks			

Dr.Kaniappan Padmanaban
Tel.: +49 15224788499
Email: drkpadmanaban@gmail.com

Beer

Wine and other Alchoholic Drinks

Fruit Juice

Vegetable Juice

Salad

Coffee

Tea, Green or Black

Fruit Tea

Herbal Tea

How many liter do you drink in a day?

Fast / Junk Food

Physical Activity	☐ Gym	☐ Jogging	☐ Swimming
	☐ Sport	☐ Bicycling	☐ Other ____
Known diseases in the family	☐ High BP	☐ Diabetes 2	
	☐ Cancer	☐ Others _____	

Are you suffering from any disease?

How to feel during a day?

Dr.Kaniappan Padmanaban
Tel.: +49 15224788499
Email: drkpadmanaban@gmail.com

Are you happy with your sexual life?

What do you understand with Anti-aging

What are the medicines do you take? Prescription medicine, over the counter medicine, vitamins and other food supplements

---

Do you abuse drugs, for example Cannabis, Kokain, Party Drogen, etc

---

What do you take for your hair and showering or bathing articles, shampoos etc?

Are your hair coloured? If yes, name of the product, colour and the company name.

Dr.Kaniappan Padmanaban
Tel.: +49 15224788499
Email: drkpadmanaban@gmail.com

Thank you for your information. Of course, these are treated strictly confidential. Only our experts have access to the data.

PRIVACY POLICY

By entering and submitting your data, you agree that we will receive, cache and evaluate your information for the purpose of answering your inquiry and any queries. You can revoke this consent at any time.

☐ I hereby confirm the privacy policy

Date

Place

Signature